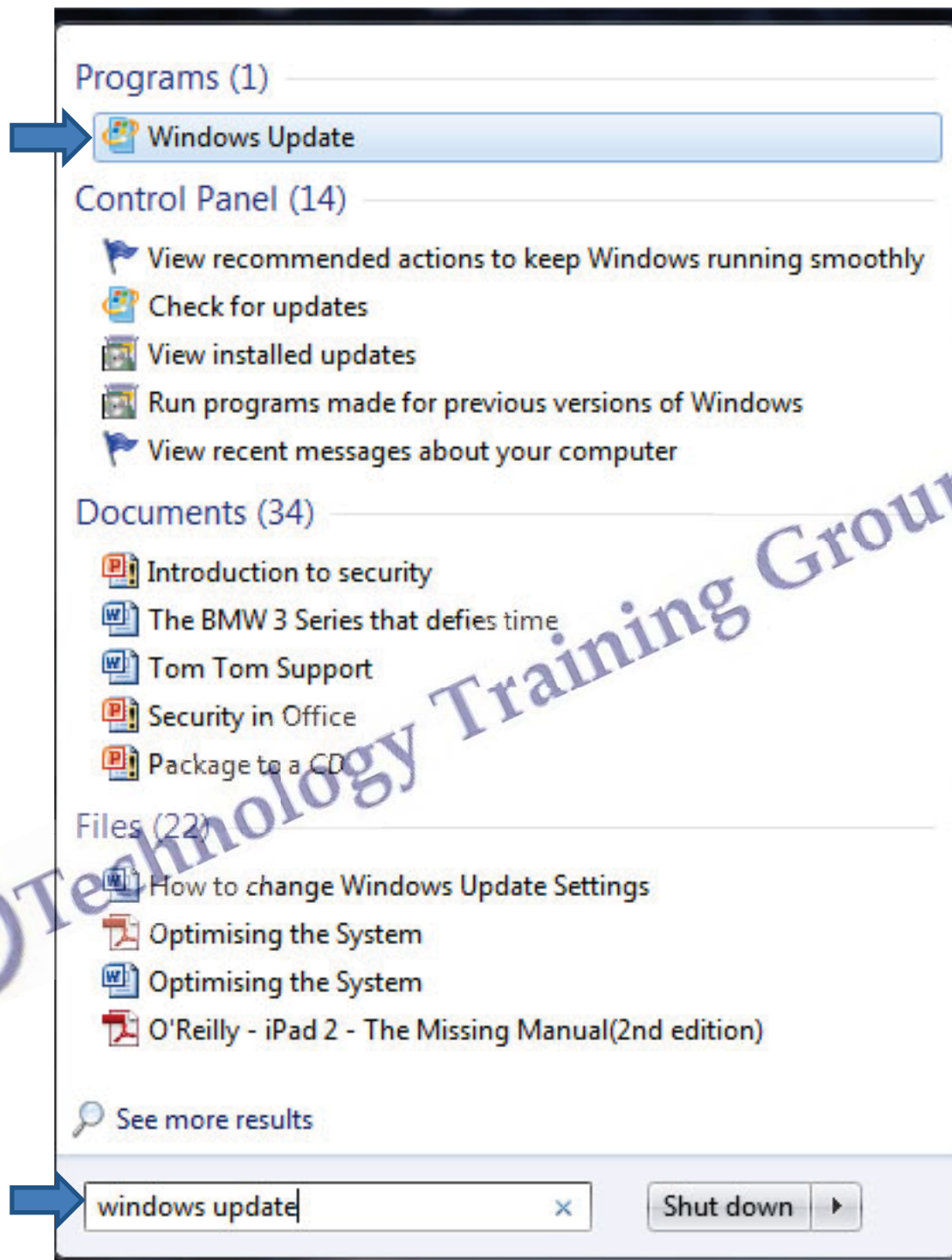
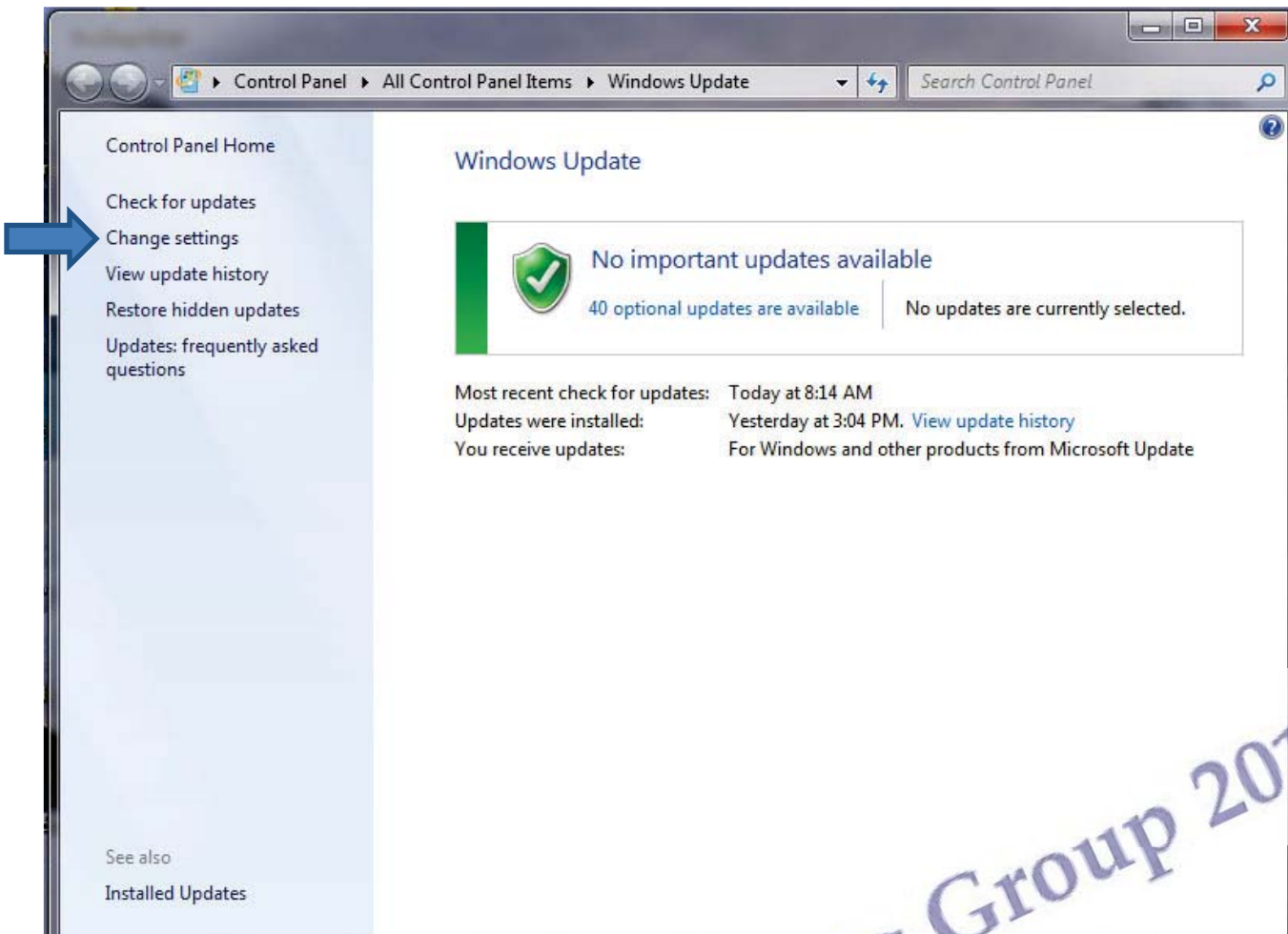


How To Change Windows Update Settings

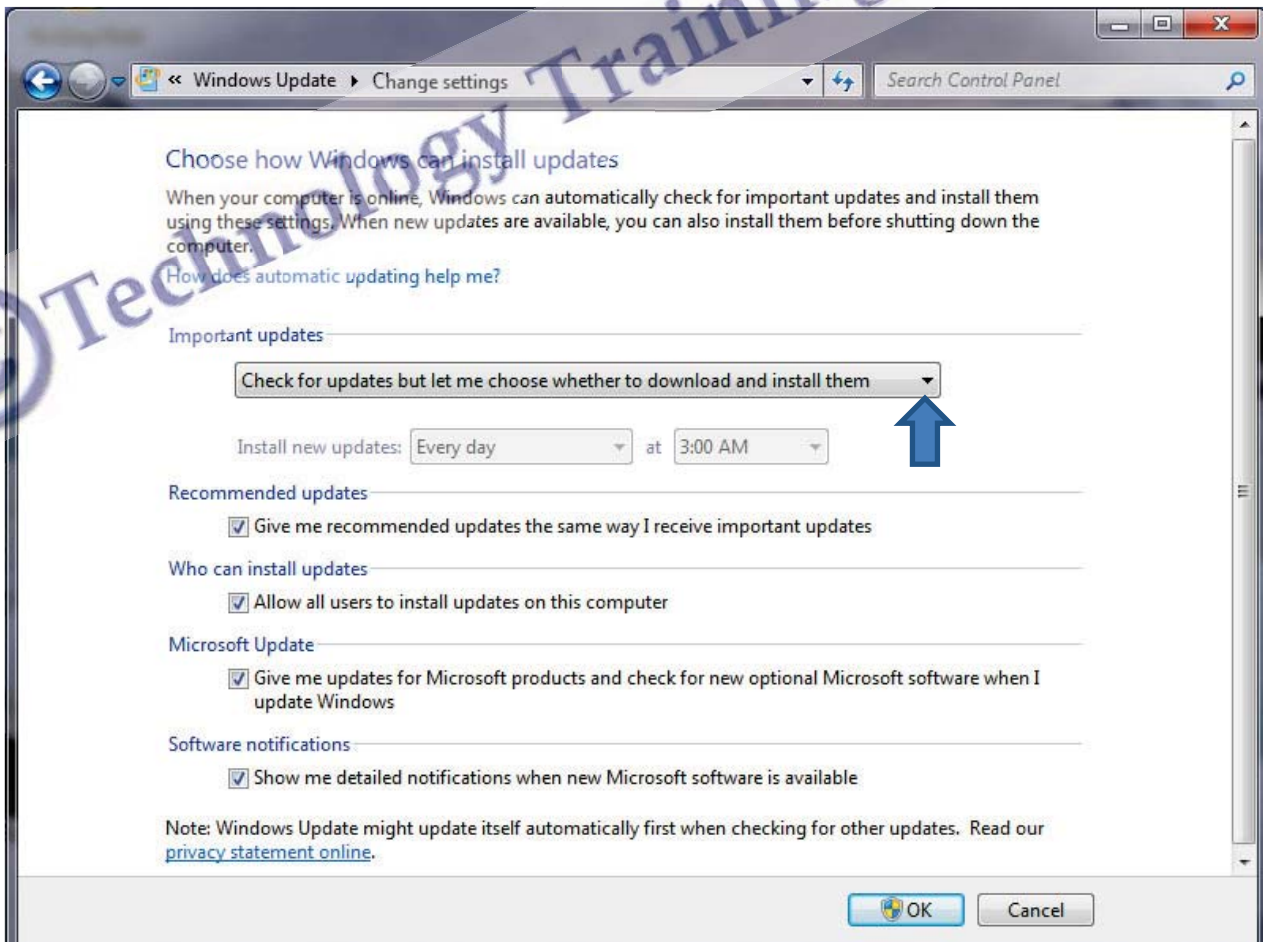
Windows Update allows Microsoft to automatically send you updates for Windows Vista or Windows 7. Updates fix things like security holes and theoretically make Vista run more smoothly. You can change the Windows Update settings to suit your needs.



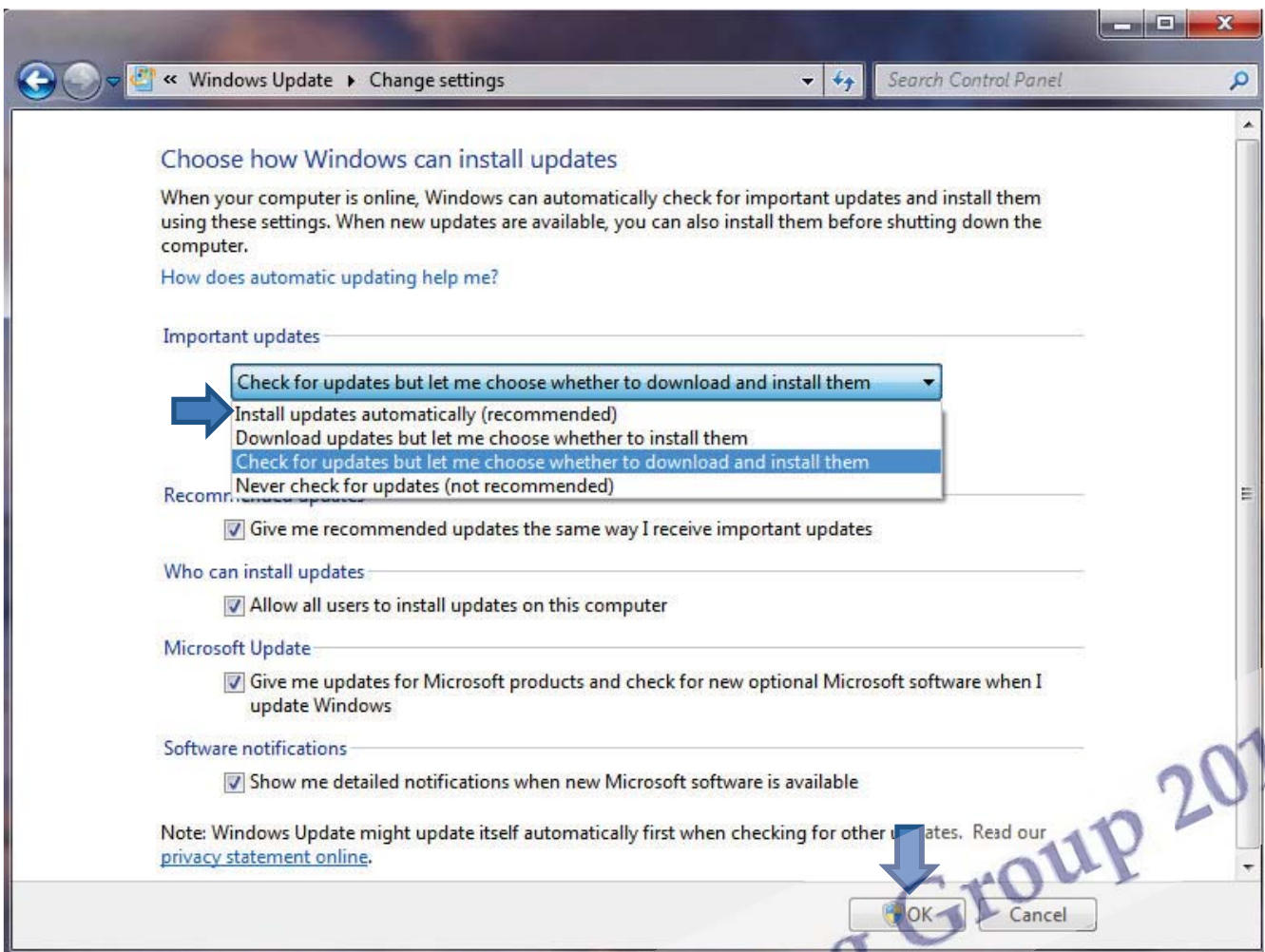
Click on "Start" and type "windows update" in the search box. Then double click it from the menu.



Click on "Change Settings"

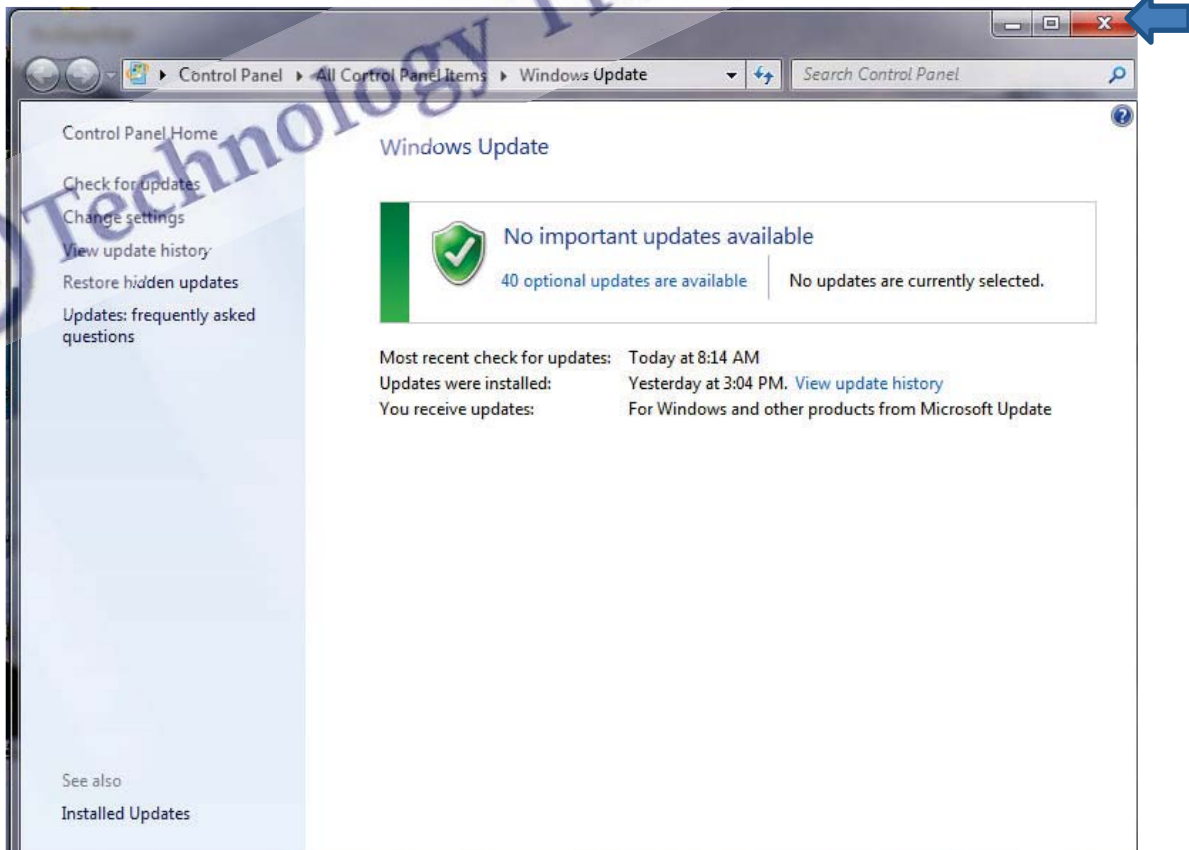


Click on the down arrow under "Important Updates"



Here you have four choices. In most circumstances you would select "Install updates automatically"

Once you have made your selection click "Ok"



Click the "X" to close the window.